

Table 4

Summary of regression analyses for variables predicting global CIA score (N = 536)

Variable	Model 1			Model 2			Model 3			Model 4		
	B	SE B	β	B	SE B	β	B	SE B	β	B	SE B	β
Gender	-5.29	1.85	-0.13**	-1.61	1.39	-0.04						
Age	-0.07	0.05	-0.05	-0.02	0.04	-0.02						
Restraint				0.58	0.28	0.09*	0.45	0.28	0.07			
Eating concern				2.80	0.36	0.39***	2.89	0.35	0.40***	2.99	0.35	0.41***
Weight/shape concern				2.02	0.39	0.28***	2.03	0.38	0.28***	2.32	0.34	0.32***
BMI				-0.27	0.06	-0.16***	-0.26	0.06	-0.15***	-0.30	0.06	-0.17***
Binge eating episodes				0.06	0.02	0.16**	0.03	0.01	0.10**	0.04	0.01	0.09**
Vomiting				-0.03	0.02	-0.08						
Laxative misuse				-0.08	0.06	-0.05						
R ²		0.02			0.47			0.47			0.47	
F for change in R ²		4.94**			61.10***			91.45***			113.32***	

* p < .05, ** p < .01, *** p < .001